Preventing, Reducing & Ending LGBTQ2S Youth Homelessness

> Dr. Alex Abramovich Centre for Addiction and Mental Health (CAMH) Alex.Abramovich@camh.ca @IAlexAbramovich

Everyone deserves a safe bed.

Toronto 2K homeless youth on any given night

9 Emergency shelters = 350 beds

4 Transitional housing programs = 110 beds

25-40% of homeless youth identify as LGBTQ25

LGBTQ2S youth face increased risk of physical & sexual exploitation, mental health difficulties, & suicide

Transgender youth are most discriminated against in shelters, housing programs, & mental health services

65-150K homeless youth

in Canada

Shelters often unsafe for LGBTQ2S youth due to widespread homophobic & transphobic violence

There are NO emergency shelters for LGBTQ25 youth in Canada

Intersectionality of Oppression

Homphobia

OVERLAP

Ratism

Transphobia

Abramovich 2015

I was in the shelter system for a long time. I was displaying clear signs of mental health issues and never did the staff ask me if I was okay, never did they bring me to a doctor or a support group, never did anyone do anything like that. Maybe it's because I didn't stay in one place for long enough, but when you see someone who is exhibiting serious symptoms of an illness like the flu or a simple illness, you get them help, but when you see someone who is experiencing mental health issues, you throw them out. That's what they did to me. (R, 25 years old)





Offer mental health support in services that LGBTQ2S youth frequent

Integrated approach: Mental health services in shelters

NEXT STEPS

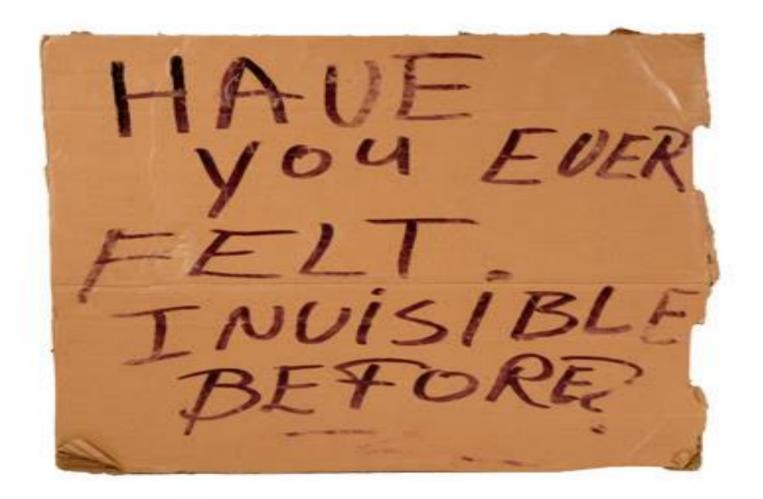


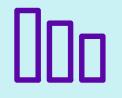
Mandatory training for staff and health care professionals



Involve young people in key discussions and planning

Institutional/Structural Response





Grounded in research



Community-led approach

LGBTQ FOCUS -GOVERNMENT OF ALBERTA



Rural & urban focus



Integrated throughout Youth Plan

A FOCUSED RESPONSE TO PREVENT AND END LGBTQ2S YOUTH HOMELESSNESS

Key Recommendations to Government of Alberta



1. Delivery of LGBTQ2S specific housing options



2. Population-based programs for LGBTQ2S youth that foster an intersectional approach



3. Provincial housing/shelterstandards that focus onmeeting the needs ofLGBTQ2S youth



4. Provincial staff training solutions for all aspects of LGBTQ2S cultural competency



5. Develop a prevention plan that emphasizes strategies on early intervention, awareness raising, and programs for children, youth, and families



6. Research that frames new approaches and solutions to LGBTQ2S youth homelessness

ABRAMOVICH, 2015

<u>Twitter</u>: @IAlexAbramovich <u>Web</u>: www.ilona6.com <u>Email</u>: Alex.Abramovich@camh.ca



